

PROTEINS

Grilled Chicken
Crispy Buffalo Chicken
Tuna Salad

TOPPINGS

Cinnamon Rst Sweet Potatoes
Roosted Brussels Sprouts
Crisp Apples
Pumpkin Seeds
Mozzarella-Tomato-Basil Medley
Cucumbers
Tomatoes

Garlic-Herb Croutons

CHEESES

Feta
Fresh Mozzarella
Cheddar
Violife Plant-based

DRESSINGS

Citrus Vinaigrette
Balsamic Vinaigrette
Caesar
Ranch
Honey Mustard

DELI SANDWICHES Turkey & Cheese Ham & Cheese Tuna Salad PB&J

DAILY SOUPS

Monday - Butternut Squash & Apple GF

Tuesday - Broccoli Cheddar GF

Wednesday - Cream of Turkey Rice GF

Thursday - Beef Stroganoff GF

Friday - Chicken Enchilada GF

HARVEST SALAD

Grilled Chicken, Cinnamon Roasted Sweet Potatoes, Brussels Sprouts, Feta, Apples, Pumpkin Seeds & Citrus Vinaigrette GF

BUFFALO CHICKEN SALAD

Crispy Buffalo Chicken, Cheddar, Tomatoes,

Cucumbers & Ranch Dressing

CAPRESE SALAD

Grilled Chicken, Fresh Mozzarella-Tomato-Basil Oil Medley & Balsamic Vinaigrette GF

TUNA SALAD

Tuna Salad, Choice of Toppings & Choice of Dressing

COME IN DURING CAFE
HOURS OR TEXT ORDERS
BY 8PM TO CHEF TINA
732-962-8020